

**CROSSROADS
MINISTRY
NEWSLETTER**

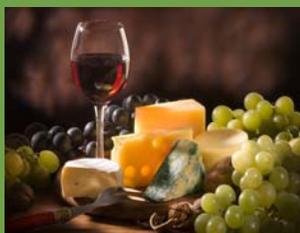
Jan and Carolyn Evans, Editors

UPCOMING EVENTS



**Estes Valley
Meals on Wheels
Donor Banquet**
Friday, August 25
Details: see page 3

Vintage 2017



October 29

**Crossroads Mission
Statement**

Crossroads Ministry
*practices Christian love
by providing basic
human services
to residents in need
in the Estes Valley.*

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MinistryAtTheCrossroads.blogspot.com



Volume 9, Issue 2

July 2017

CROSSROADS STEPS UP TO OPERATE MEALS ON WHEELS IN 2018
Plans underway for timely transition with uninterrupted services

The Crossroads Ministry Board of Directors voted unanimously at our annual strategic planning retreat on February 21, 2017, to assume responsibility for providing Meals on Wheels services in the Estes Valley, starting January 1, 2018.

Our plans to ensure the continuing availability of nutritious food for the 27 to 40 persons who rely on the program every day, and to coordinate and equip the many wonderful existing and new volunteers who will be delivering the meals, include the addition of a part-time staff person to manage what we will be calling "Estes Valley Meals on Wheels." (See related article, p. 2.)

The future of Meals on Wheels was in question as construction of a new Estes Valley Community Center included plans to transfer Senior Services from the Town of Estes Park to the Estes Valley Recreation and Parks District in 2018. We are grateful to the Town Board and staff for their commitment to help make the transition of Meals on Wheels services to Crossroads Ministry as smooth and successful as possible. Lori Mitchell, Senior Services Manager for the Town of Estes Park's Senior Center, and Beth Headley, Program Coordinator for Senior Services, have been extraordinarily helpful, providing a wealth of experience and information about the existing Meals on Wheels program to Crossroads Ministry and our other key partners in the community.

"I am excited to know that Meals on Wheels will continue to strengthen persons in our community," Lori said. "With its long history of helping residents of the Estes Valley, Crossroads Ministry is uniquely qualified to take on this important responsibility."

Julie Lee, Executive Manager of Good Samaritan Society Estes Park Village, is glad that Good Sam will have a key role when it comes to providing the best possible food for our Meals on Wheels program. Morrison Community Living, a food management company that provides culinary expertise for Good Samaritan Village, will be working with the dining services staff at Good Sam to prepare and package the same tasty and nutritious food for Meals on Wheels that they currently serve to residents of Good Samaritan every day for lunch.

"Good Samaritan Estes Park Village has a strong commitment to this community, and we are happy to expand our services," Julie said. "This program aligns with our mission, 'To share God's love in word and deed by providing shelter and supportive services to older persons and others in need, believing that, In Christ's Love Everyone is Someone.'"

Expanding our services to include Meals on Wheels is a logical and compassionate extension of our current programs, and I am excited that Crossroads has stepped up to take on primary responsibility for a critically-needed Meals on Wheels program in the Estes Valley.



Rev. Dr. Tim McLemore
Executive Director

MEET THE PROGRAM MANAGER FOR MEALS ON WHEELS

Crossroads Ministry is pleased to announce that Beth Headley will join our staff effective January 1, 2018, as Estes Valley Meals on Wheels Program Manager.

Beth has served as Program Coordinator for the Town of Estes Park Senior Services since January 2015, where her responsibilities have included coordinating Meals on Wheels. “I am excited to work with Crossroads to help ensure that the Estes Valley has the best possible Meals on Wheels services,” she said. “I believe that our current outstanding Meals on Wheels program will be even better in the years to come.”



Beth Headley

“Beth’s experience with the current Meals on Wheels program, along with her strong skills and deep commitment, makes her the ideal person to lead this vital program as part of the Crossroads team,” said Scott Applegate, President of Crossroads’ Board of Directors.

Beth, a native of Iowa, earned bachelor’s and master’s degrees in philosophy, and brings a varied professional background that includes teaching university level courses, office management, and coordinating public programs for a graduate institute.

In her current work at the Estes Park Senior Center, Beth plans and develops educational programs, social opportunities, and day trips for older adults. Her love of working with seniors motivated her to pursue instructor certification through N’Balance, a nationally recognized fall prevention class that will continue to be offered at the Estes Valley Community Center.

In addition to her work with the Senior Center, Beth is owner of Create & Capture Photobooth, a mobile photo booth company for weddings and special events. She also serves as editor for GuestGuide Publications, which produces guide books for Estes Park, Grand Lake, Winter Park, and Moab, Utah.

“MORE THAN A MEAL”

—by Dr. Tim McLemore, Executive Director

“After 20-some years of exuberant retirement living,” he says with a chuckle, “I woke up to the fact that I’m old and tired!” His good-natured modesty is touching, because he still helps out in various ways from time to time. One of his favorite volunteer responsibilities was working with Meals on Wheels here in the Estes Valley. He spent about a dozen-and-a-half years delivering meals to homebound neighbors. “It’s been several years, but I still miss the *people* – the people that we served... who are still being served.”



His insight is striking, and moving: *“When I helped with a route, I’d always meet somebody who was more hungry for a listening ear than a meal.”*

He jokes that he soon learned to schedule his route so that the ones who needed to chat were the last stop of the day. “You don’t want all the others to end up with a cold meal,” he says with a good-natured laugh.

When I asked why he took the time to hand-deliver what turned out to be one of our very first contributions designated especially for Estes Valley Meals on Wheels, he answered without hesitation. “I feel a need to distribute some of the goodness we’ve received,” he explained. “I’m just so glad that you were able to pick up Meals on Wheels and keep it going.”

—*One does not live by bread alone.* —Matthew 4:4 (Deuteronomy 8:3)

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Send your email address to admin@crossroadsep.org. Put NEWSLETTER in the subject line.

Estes Valley Meals on Wheels Announces First Fundraiser “Fine Dining with a Purpose” – Friday, August 25

Crossroads Ministry of Estes Park, Good Samaritan Society Estes Park Village, and Morrison Community Living, will host a banquet Friday, August 25, to help with the purchase of equipment required for safe food preparation and storage as these three partner organizations work together to begin operating Estes Valley Meals on Wheels starting January 1, 2018.

MENU

Dinner at \$200 per person will help raise funds to purchase equipment needed for Estes Valley Meals on Wheels.

First Course

Smoked Trout Chowder
with Horseradish,
Thyme, Celery, Leeks,
Yukon Gold & Sweet Potatoes

Second Course

Watermelon & Arugula Salad with
Cucumber, Toasted Pine Nuts,
Feta Cheese, &
Raspberry-Rhubarb Vinaigrette

Third Course

Fresh Tagliatelle Pasta with
Oregano, Parsley, Lemon,
Roasted Garlic, Shaved Parmesan,
Bell Pepper Coulis,
& Extra Virgin Olive Oil

Fourth Course

Grilled Buffalo Top Sirloin
with Sautéed Sweet Corn,
Grilled Scallions,
Crispy Bacon Lardons,
Braised Shallots,
Oven Roasted Tomatoes, &
Burgundy-Basil Jus

Final Course

Palisade Peach Tart with Pickled
Cherries, Mascarpone, Tarragon,
Caramel, & Lavender-Pistachio

An elegant five-course meal for up to 80 persons will be prepared and served by Chef Max Humbrecht of Morrison Community Living, from 6:00 p.m. to 8:00 p.m. in the main dining area at Good Samaritan. The banquet will be preceded by a cheese and wine reception at 5 p.m. “I love expressing my appreciation to supporters of Meals on Wheels by sharing my culinary experience in this way,” Chef Humbrecht said.

Cost for tickets is \$200 per person. The deadline for reservations is Monday, August 14, 5:00 p.m. Tickets may be purchased at Crossroads Ministry, 851 Dry Gulch Road, or at the main office of Good Samaritan Estes Park Village, 1901 Ptarmigan Trail.

“We hope persons with a heart to support Estes Valley Meals on Wheels will join us for what we like to describe as ‘Fine dining with a purpose,’” said Rev. Dr. Tim McLemore, Executive Director of Crossroads Ministry. “This amazing meal will help us secure the basic tools our partner organizations need to provide the best possible meals for the 27 to 40 local households that rely on Meals on Wheels every day.”

Proceeds from the fundraiser will go toward purchase of a blast chiller freezer and an Alto-Shaam cook and hold oven, with total cost projected to be between \$15,600 and \$26,600, depending on the amount of funds raised and the quality of the equipment that can be purchased.

Event sponsorships also are available, for donations varying from as little as \$10 to \$5,000 or more. “We are excited that Estes Park Medical Center quickly stepped up as our first event sponsor, and we’re deeply appreciative of their commitment to this community,” said Beth Headley, who will serve as Manager of Estes

Valley Meals on Wheels in 2018. Additional sponsors include OtterCares Foundation and Estes Park News. Additionally, Good Samaritan Society Estes Park Village and Morrison Community Living are covering almost all expenses for this fundraising banquet except wholesale food costs. There will be an opportunity for guests to make a gift or pledge at the banquet, as well.

For tickets, information about sponsorship opportunities, or other details, contact Dr. McLemore at Crossroads, 970.577.0610, tim@crossroadsep.org, Carey Stevanus at Good Samaritan, 970.577.7700, ext. 111, or Julie Lee at Good Samaritan, 970.577.7700, ext. 101.

CROSSROADS
MINISTRY OF
ESTES PARK, INC.

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Hours of Operation

Monday: 10 a.m. – 4 p.m.
Tuesday: 11 a.m. – 6 p.m.
Wednesday: 10 a.m. – 4 p.m.
Thursday: 11 a.m. – 6 p.m.
Friday: 10 a.m. – 4 p.m.



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STARS AND STRIPES, PANCAKES AND FUN

Fourth of July in Estes Park began with Crossroads Ministry's annual pancake breakfast served at Our Lady of the Mountains Catholic Church. The Knights of Columbus cheerfully prepared pancakes and eggs for about 600 people, with all proceeds benefitting Crossroads.

This year 158 pounds of food were donated to stock pantry shelves and a total of \$5,610.20 was raised to help with client services and related expenses.

We thank our volunteers and everyone who participated, including our good-natured "Featured Flapjack Flippers" for 2017: Mayor Todd Jirsa, Fire Chief David Wolf, First Assistant Fire Chief Jon Landkamer, Reverend Michael Moore from Presbyterian Community Church of the Rockies, and Father David McCready from Saint Francis of Assisi Anglican.

In addition to Our Lady of the Mountains and the Knights of Columbus, Crossroads deeply appreciates these **generous event sponsors**: Estes Park Rent All, The Egg & I, Wapiti Colorado Pub, Smokin' Dave's Restaurant, Starbucks, Rambo's, and St. Francis of Assisi, Estes Park News, Estes Park Trail-Gazette, and Visit Estes Park.

Watch for this event again next year, because nothing beats fun, food, family, and friends!

